

## EYFS

### Being Me in My World

Kind, gentle, friend, similar, similarity, different, rights, responsibilities, feelings, excited, angry, happy, nervous, sharing, taking turns.

### Celebrating Difference

Different, special, proud, friends, kind, same similar, happy, sad, frightened, angry, family.

### Dreams and Goals

Dream, goal, challenge, job, ambition, perseverance, achievement, happy, kind, encourage.

### Healthy Me

Healthy, exercise, head, shoulders, knees, toes, sleep, wash, clean, stranger, scared, trust

### Relationships

Family, jobs, relationship, friend, lonely, argue, fall out, words, feelings, angry, upset, calm me, breathing

### Changing Me

Eye, foot, eyebrow, forehead, ear, mouth, arm, leg, chest, knee, nose, tongue, finger, toe, stomach, hand, baby, grown up, adult, change, worry, excited, memories.

## Year 1

### Being Me in My World

Safe, special, calm, belonging, special, rights, responsibilities, learning charter, rewards, rules, proud, consequences, upset, disappointed.

### Celebrating Difference

Similarity, same as, different from, difference, bullying, bullying behaviour, deliberate, on purpose, unfair, included, bully, bullied, celebrations, special, unique.

### Dreams and Goals

Proud, success, achievement, goal, treasure, coins, goal, learning, stepping stones, process, working together, team work, celebrate, challenge, feelings, obstacles, overcome, achieve, dreams, goals.

### Healthy Me

Healthy, unhealthy, balanced, exercise, sleep, choices, clean, body parts, keeping clean, toothbrush, shampoo, soap, hygiene, safe, medicine, trust, safe, safety, green cross code, eyes, ears, look, listen, wait.

### Relationships

Family belong, same different, friends, friendship, qualities, caring, sharing, kind, greeting, touch, feel, texture, like, dislike, help, helpful, community, feelings, confidence, praise, skills, self belief, incredible, proud, celebrate, relationship, special, appreciate.

### Changing Me

Changes, life cycles, baby, adult, adulthood, grown up, mature, male, female, vagina, penis, testicles, vulva, anus, learn, now, grow, feelings.

**Year 2**

**Being Me in My World**

Worries, hopes, fears, belonging, rights, responsibilities, responsible, actions, praise, reward, consequence, positive, negative, choices, cooperate, learning charter, problem solving.

**Celebrating Difference**

Boys, girls, similarities, assumptions, shield, stereotypes, special, differences, bully, purpose, kind, unkind, feelings, sad, lonely, help, stand up for, male, female, diversity, fairness, kindness, friends, unique, value.

**Dreams and Goals**

realistic, proud, success, celebrate, achievement, goal, strength, persevere, challenge, difficult, easy, learning together, partner, team work, product

**Healthy Me**

Healthy choices, lifestyle, motivation, relax, relaxation, tense, calm, healthy, unhealthy, dangerous, medicines, safe, body, balanced diet, portion, proportion, energy, fuel, nutrition, nutritious

**Relationships**

Family, different, similarities, special, relationship, important, cooperate, touch, physical contact, communication, hugs, like, dislike, acceptable, not acceptable, friends, conflict, point of view, positive problem solving, secret, surprise, good secret, worry secret, telling, adult, trust, happy, sad, frightened, trustworthy, honesty, reliability, compliments, celebrate, appreciate.

**Changing Me**

Change, grow, control, life cycle, baby, adult, fully grown, growing up, old, young, change, respect, appearance, physical, baby, toddler, child, teenager, independent, timeline, freedom, responsibilities, male, female, vagina, penis, testicles, vulva, anus, public, private, touch, cuddle, hug, like, dislike, acceptable, unacceptable, comfortable, uncomfortable, looking forward, excited, nervous, anxious, happy.

## Year 3

### Being Me in My World

Welcome, valued, achievements, proud, pleased, personal goal, praise, acknowledge, affirm, emotions, feelings, nightmare, fears, worries, solutions, support, rights, responsibilities, learning charter, dream, behaviour, rewards, consequences, actions, fairness, choices, cooperate, group dynamics, team work, view point, belong.

### Celebrating Difference

Family, loving, caring, safe, connected, difference, special, conflict, solve it together, solutions, resolve, witness, bystander, bullying, gay, unkind, feelings, tell, consequences, hurtful, compliment, unique

### Dreams and Goals

Perseverance, challenges, success, obstacles, dreams, goals, ambitions, future, aspiration, team-work, enterprise, cooperation, strengths, motivated, enthusiastic, excited, efficient, responsible, frustration, solve it together techniques, solutions, review, learning, celebrate, evaluate.

### Healthy Me

Oxygen, energy, calories, heart beat, lungs, heart, fitness, labels, sugar, fat, saturated fat, healthy, drugs, attitude, safe, anxious, scared, strategy, advice, harmful, risk, feelings, complex, appreciate, body, choice.

### Relationships

Men, women, unisex, male, female, stereotype, career, job role, responsibilities, respect, difference, similarities, conflict, win/win, solution, solve it together techniques, problem solve, internet, social media, online, online, risky, gaming, safe, unsafe, private messaging, direct messaging, global communication, fair trade, inequality, food journey, climate, transport, exploitation, rights, needs, wants, justice, United Nations, equality, deprivation, hardship, appreciation, gratitude, celebrate.

### Changing Me

Changes, birth, animals, babies, mother, growing up, baby, grow, uterus, womb, nutrients, survive, love, affection, care, puberty, control, male, female, testicles, sperm, penis, ovaries, egg,, womb, uterus, vagina, stereotypes, task, roles, challenge, looking forward, excited, nervous, anxious, happy.

**Year 4**

**Being Me in My World**

Included, welcome, valued, team, charter, role, job description, school community, responsibility, rights, democracy, democratic, decisions, voting, authority, learning charter, contribution, observer, UN Convention on Rights of Child (UNCRC) reward, consequence.

**Celebrating Difference**

Character, assumption, judgement, surprised, different, appearance, accept, influence, opinion, attitude, bullying, friend, secret, deliberate, on purpose, bystander, witness, bully, problem solve, cyber bullying, text message, website, troll, special, unique, physical features, impression, changed.

**Dreams and Goals**

Dream, hope, goal, determination, perseverance, resilience, positive attitude, disappointment, fears, hurts, positive experiences, plans, cope, self belief, motivation, commitment, enterprise, design, cooperation, success, celebrate, evaluate.

**Healthy Me**

Friendship, emotions, healthy, relationships, friendship groups, values, roles, leader, follower, assertive, agree, disagree, smoking, pressure, peers, guilt, advice, alcohol, liver, disease, anxiety, fear, believe, assertive, opinion, right, wrong.

**Relationships**

Relationship, close, jealousy, problem solve, emotions, positive, negative, loss, shock, disbelief, numb, denial, anger, guilt, sadness, pain, despair, hope, souvenir, memento, memorial, acceptance, relief, remember, negotiate, compromise, trust, loyal, empathy, betrayal, amicable, appreciation, love.

**Changing Me**

Personal, unique, characteristics, parents, sperm, egg, penis, testicles, vagina, vulva, womb, uterus, ovaries, making love, having sex, sexual intercourse, fertilise, conception, puberty, menstruation, periods, circle, seasons, change, control, emotions, acceptance, looking forward, excited.

## Year 5

### Being Me in My World

Goals, worries, fears, value, welcome, choice, Ghana, West Africa, Cocoa Plantation, Cocoa pods, machete, rights, community, education, wants, needs, Maslow, empathy, comparison, opportunities, education opportunities, choices, behaviour, responsibilities, rewards, consequences, empathise, learning charter, obstacles, cooperation, collaboration, legal, illegal, lawful, laws, participation, motivation, democracy, decision, proud

### Celebrating Difference

Culture, conflict, difference, similarity, belong, culture wheel, racism, colour, race, discrimination, ribbon, bullying, rumour, name calling, racist, homophobic, cyber bullying, texting, problem solving, indirect, direct, happiness, developing world, celebration, artefacts, display, presentation

### Dreams and Goals

Dream, hope, goal, feeling, achievement, money, grown up, adult, lifestyle, job, career, profession, money, salary, contribution, society, determination, perseverance, motivation, aspiration, culture, country, sponsorship, communication, support, rallying, team work, cooperation, difference.

### Healthy Me

Choices, healthy behaviour, unhealthy behaviour, informed decision, pressure, media, influence, emergency, procedure, recovery position, calm, level headed, body image, media, social media, celebrity, altered, self respect, comparison, eating problem, eating disorder, respect, debate, opinion, fact, motivation.

### Relationships

Personal attributes, qualities, characteristics, self esteem, unique, comparison, negative self talk, social media, online, community, risky, positive, negative, safe, unsafe, rights, responsibilities, social network, gaming, violence, grooming, troll, gambling, betting, trustworthy, appropriate, screen time, physical health, mental health, offline, social, peer pressure, influences, personal information, passwords, privacy, settings, profile, SMART rules.

### Changing Me

Body image, self image, characteristics, looks, personality, perception, self esteem, affirmation, comparison, uterus, womb, oestrogen, fallopian tube, cervix, develops, puberty, breasts, vagina, vulva, hips, penis, testicles, Adam's apple, scrotum, genitals, hair, broader, wider, sperm, semen, erection, ejaculation, urethra, wet dream, growth spurt, larynx, facial hair, pubic hair, hormones, scrotum, testosterone, circumcised, uncircumcised, foreskin, epididymis, ovaries, egg (ovum), period, fertilised, unfertilised, conception, having sex, sexual intercourse, making love, embryo, umbilical chord, IVF, foetus, contraception, pregnancy, menstruation, sanitary products, tampon, pad, towel, liner, hygiene, age appropriateness, legal, laws, responsible, teenager, responsibilities, rights.

**Year 6**

**Being Me in My World**

Challenge, goal, attitude, actions, rights and responsibilities, United Nations Convention on the Rights of the Child, citizen, choices, consequences, views, opinion, collaboration, collective decision, democracy.

**Celebrating Difference**

Normal, ability, disability, visual impairment, empathy, perception, medication, vision, blind, male, female, diversity, transgender, gender diversity,, courage, fairness, rights, responsibilities, power, struggle, imbalance, harassment, bullying, bullying behaviour, direct, indirect, argument, recipient, para-Olympian, achievement, accolade, perseverance, sport, admiration, stamina, celebration, conflict.

**Dreams and Goals**

Dream, hope, Goal, learning, strengths, achievement, personal, realistic, unrealistic, feeling, success, criteria, learning steps, money, global issue, suffering, concern, hardship, sponsorship, empathy, motivation, admire, respect, praise, compliment, contribution, recognition.

**Healthy Me**

Responsibility, choice, immunisation, prevention, drugs, effects, motivation, prescribed, unrestricted, over the counter, restricted, illegal, volatile substances, 'legal highs', exploited, vulnerable, criminal, gangs, pressure, strategies, reputation, anti-social behaviour, crime, mental health, emotional health, mental illness, symptoms, stress, triggers, strategies, managing stress, pressure.

**Relationships**

Mental health, ashamed, stigma, stress, anxiety, support, worried, signs, warning, self harm, emotions, feelings, sadness, loss, grief, denial, despair, guilt, shock, hopelessness, anger, acceptance, bereavement, coping strategies, power, control, authority, bullying, script, assertive, risks, pressure, influences, self control, real/fake, true/untrue, assertiveness, judgement, communication, technology, power, cyber bullying, abuse, safety.

**Changing Me**

Body image, self image, characteristics, looks, personality, perception, self esteem, affirmation, comparison, negative body talk, mental health, uterus, womb, oestrogen, fallopian tube, cervix, develops, puberty, breasts, vagina, vulva, hips, penis, testicles, Adam's apple,, scrotum, testosterone, circumcised, uncircumcised, foreskin, epididymis, ovaries, egg (ovum), period, fertilised, unfertilised, conception, having sex, sexual intercourse, making love, embryo, umbilical chord, IVF, foetus, contraception, pregnancy, midwife, labour, menstruation, sanitary products, tampon, pad, towel, liner, hygiene, age appropriateness, legal, laws, responsible, teenager, responsibilities, rights, opportunities, freedom, attraction, relationship, love, sexting, transition, secondary, looking forward, journey, worries, anxiety, excitement.